



# BACKCOUNTRY TRAILS PROGRAM: TYPICAL DAILY SCHEDULE

While the exact times shown here may vary between different projects and land management agencies, this is generally representative of the highly structured and rigorously scheduled day of the CCC/AmeriCorps Backcountry Trails Program. All times listed are in the 24-hour clock.

- 0500-0600: Report to camp common areas, wash up, prepare lunch, prepare day pack, assist cook & kitchen patrol (KP), then attend to personal needs, drink coffee, huddle to the fire, etc.
- 0600-0630: Breakfast
- 0630-0730: Camp Chores – gather wood, filter water, wash dishes, general camp cleanup and organizing.
- 0730-0800: Physical Training (PT) – stretching, abdominal and lower back strengthening, calisthenics, warm-ups, etc.
- 0800-0815: Crew Circle Up – morning reading, general crew briefing and individual assignments, safety discussions, questions, all other morning information.
- 0815-1200: Start Work – hike to job site at maximum personal speed carrying day pack and tools. No chatting – all your wind is for making speed!
- 1200-1230: Lunch
- 1230-1600: Continue Work
- 1600-1630: Hike to Camp
- 1630-1730: Prepare for Dinner – bathe (in a snow melt creek or occasional solar shower), empty day packs of lunch garbage, fill up water bottles, etc.
- 1730-1800: Eat Dinner

- 1800-1830: Camp Chores – wood, water, dishes, cleanup, burn food waste, assist Cook/KP in breakfast preparation, organize camp.
- 1830-1930: Curriculum – classes are taught by the supervisor, crew members, and occasional outside guests. Content depends on the specific interests, knowledge, and skillsets of the supervisor and crew.
- 1930-2300: Free Time – most crewmembers are ready for bed by 2100. Reading, playing music, playing cards or other games, singing, and talking are common activities around the campfire.

On weekends, crew members are encouraged to explore their wilderness home. Weekend backpacking trips can begin as early as Friday afternoon -- if weekend gear is hauled to work -- or as late as Saturday morning after breakfast. All groups must return promptly on Sunday afternoon. A minimum number of four crew members is required for all weekend trips.